

Erin Clifford, JD, MA, LPC, NBC-HWC

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Erin Clifford is the Managing Director at Clifford Law Offices, Chicago's premier personal injury law firm. She provides overall management of strategic business development, including planning, coordinating, and implementing marketing and business plans. Providing her with an understanding of the stressors that a high-demanding job entails. Erin is also a corporate wellness consultant and coach who helps professionals create healthy lifestyles for a more fulfilling, happier existence. Corporations and law firms hire Erin to speak, train, and coach their employees to incorporate appropriate lifestyle changes that yield real, lasting results, boosting productivity and positivity in the workplace. Born and raised in Chicago, Erin began her career teaching for Chicago Public Schools. She holds a Juris Doctor (JD) from DePaul College of Law and a master's degree in Mental Health Counseling from Northwestern University. She is a Licensed Professional Counselor (LPC) in Illinois, a National Certified Counselor, and a certified holistic wellness coach through the Institute for Integrative Nutrition. She also holds the highest credential in wellness coaching as a National Board-Certified Health & Wellness Coach (NBC-HWC). Her book, *Wellness Reimagined: A Holistic Approach to Health, Happiness, and Harmony*, was published by Forefront Books in May 2025.

Education, Professional Experience, and Associations

Education

- Northwestern University, Master's in Mental Health Counseling, March 2023
- DePaul College of Law, Juris Doctor, May 2012
- Northwestern University, Bachelor of Science in Secondary Education with a Concentration in English, June 2002

Professional Experience

- Clifford Law Offices, Managing Director, 2019 - Present
- Erin Clifford Wellness, Corporate Wellness Consultant, 2015 - Present
- Cook County Treasurer's Office, Legal Counsel, 2018 - 2019
- Illinois Appellate Court, First Judicial District, Judicial Law Clerk to the Honorable Terrence J. Lavin, 2012 - 2017
- Clifford Law Offices, Law Clerk, August, 2008 - 2012
- Steinmetz Academic Center, English Teacher, 2003 - 2008
- Buffalo Grove High School, Building Substitute, 2002 - 2003

Professional Associations

- Young Presidents' Organization
- Chicago Bar Association
 - Board of Managers, 2004-2025
- American Bar Association
 - Litigation Section, Mental Health and Wellness Committee, 2019-Present
 - Litigation News, Wellness Columnist, 2024-Present
- Women's Bar Association of Illinois
- Illinois State Bar Association
- Chicago Inn of Court
- Illinois Trial Lawyers Association
- American Counseling Association
- Illinois Counseling Association
- WTTW
 - Board of Trustees, 2020 - Present
- WFMT
 - Board of Trustees, 2020 - Present
- Chicago High School for the Arts Foundation
 - Board of Directors, 2018 - Present
- Friends of Prentice, Board of Directors, 2017 - Present
- Skyway Behavioral Health, Board of Directors, January 2024 - Present
- Lawyers Lend-A-Hand, May 2015 - 2022
 - President, May 2019 - 2022
 - Co-Chair of Annual Fundraiser, 2016 - 2018